

bowls

FRESH FROM TOP TO BOTTOM!

SMOOTHIE BOWLS

açai primo™

480 CAL CONTAINS SOY

AÇAÍ BASE TOPPED WITH BANANAS, STRAWBERRIES, ORGANIC GRANOLA, BLUEBERRIES, HONEY

açai peanut butter + chocolate hazelnut

620 CAL CONTAINS HAZELNUT, MILK, PEANUT, SOY

AÇAÍ BASE TOPPED WITH BANANAS, ORGANIC GRANOLA, CHOCOLATE HAZELNUT, PEANUT BUTTER

açai tropical

520 CAL CONTAINS COCONUT, SOY

AÇAÍ BASE TOPPED WITH BANANAS, PINEAPPLES, ORGANIC GRANOLA, HONEY, COCONUT FLAKES



chunky strawberry™

580 CAL CONTAINS MILK, PEANUT, SOY

STRAWBERRY, PEANUT BUTTER AND GRANOLA BASE TOPPED WITH BANANAS, STRAWBERRIES, ORGANIC GRANOLA

dragon fruit delight

440 CAL CONTAINS COCONUT

DRAGON FRUIT BASE TOPPED WITH BANANAS, STRAWBERRIES, ORGANIC GRANOLA, BLUEBERRIES, HONEY, COCONUT FLAKES

UPGRADE YOUR BOWL

nutella DRIZZLE

80 CAL

CONTAINS MILK, SOY, HAZELNUT

WAFFLE PIECES

310 CAL

CONTAINS COCONUT, EGG, MILK, SOY, WHEAT

COCONUT WHIP

50 CAL

CONTAINS COCONUT

PEANUT BUTTER DRIZZLE

50 CAL

CONTAINS PEANUT

WAFFLE BOWLS

choose your base:

coconut
whip

OR

nonfat
greek yogurt
with honey drizzle

tropical

640-670 CAL CONTAINS COCONUT, EGG, MILK, SOY, WHEAT

TOPPED WITH DICED BELGIAN WAFFLE, BANANAS, PINEAPPLES, ORGANIC GRANOLA, HONEY, COCONUT FLAKES

strawberry blueberry

570 CAL CONTAINS COCONUT, EGG, MILK, SOY, WHEAT

TOPPED WITH DICED BELGIAN WAFFLE, STRAWBERRIES, BLUEBERRIES, ORGANIC GRANOLA



STRAWBERRY
BLUEBERRY

peanut butter banana + chocolate hazelnut

740-770 CAL CONTAINS COCONUT, EGG, HAZELNUT, MILK, PEANUT, SOY, WHEAT

TOPPED WITH DICED BELGIAN WAFFLE, BANANAS, ORGANIC GRANOLA, CHOCOLATE HAZELNUT, PEANUT BUTTER

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whirl'd famous

CLASSIC FLAVORS TO CRAVE

SMOOTHIES

mango-a-go-go®

290/390/510 CAL CONTAINS MILK

FLAVORS OF MANGO AND PINEAPPLE MAKE A TASTY MANGO TREAT

strawberries wild®

230/320/430 CAL CONTAINS MILK

CAN'T TAME THIS STRAWBERRY BANANA SPIRIT

orange dream machine®

300/420/530 CAL CONTAINS MILK, SOY

CREAMY AND DREAMY ORANGE AND VANILLA FLAVORED TREAT

white gummi

310/450/600 CAL CONTAINS MILK, SOY

THE FRUITIEST BLEND OF MANGOS AND PINEAPPLE, RASPBERRY, ORANGE AND LIME SHERBETS

strawberry surf rider™

240/330/430 CAL CONTAINS MILK

EVOKING A WAVE OF RADICALLY FRESH STRAWBERRIES, PEACHES AND CITRUS

caribbean passion®

250/330/420 CAL CONTAINS MILK

TASTE THE TROPICS WITH NOTES OF STRAWBERRY, PEACH AND ORANGE

peanut butter moo'd®

450/730/940 CAL CONTAINS MILK, PEANUT, SOY

HAVE A COW OVER THE FLAVORS OF CHOCOLATE, PEANUT BUTTER AND BANANA

razzmatazz®

240/320/430 CAL CONTAINS MILK

FUN NAME, MIXED BERRY FLAVOR WITH BIG STRAWBERRY, A HINT OF BANANA AND ORANGEY FLAVORS

aloha pineapple®

270/360/470 CAL CONTAINS MILK

SAY ALOHA TO THE FLAVORS OF PINEAPPLE, STRAWBERRY AND BANANA



MANGO-A-GO-GO®

STRAWBERRIES WILD®

WHITE GUMMI®

CARIBBEAN PASSION®

RAZZMATAZZ®

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iced beverages

gotcha matcha

with sweet cloud whip

CAFFEINE 350/425/565 MG 130/140/140 CAL

MATCHA GREEN TEA, SWEET CLOUD WHIP FOAM, ORGANIC AGAVE

CONTAINS COCONUT

bold ‘n cold brew

with sweet cloud whip

CAFFEINE 210/255/340 MG 100/100/110 CAL

COLD BREW COFFEE, SWEET CLOUD WHIP FOAM, ORGANIC AGAVE

CONTAINS COCONUT



fresh juices & shots

purely orange™

220/310/390 CAL

purely carrot™

180/250/310 CAL

orange carrot twist™

200/280/350 CAL

FRESH ORANGE JUICE, FRESH JUICED CARROT

ginger cayenne shot

LEMON 15 CAL

FRESH JUICED LEMON, FRESH JUICED GINGER, CAYENNE PEPPER

ORANGE 25 CAL

FRESH ORANGE JUICE, FRESH JUICED GINGER, CAYENNE PEPPER

wheatgrass shot

FRESH WHEATGRASS JUICE

CONTAINS WHEAT



Please note that some products may contain food allergens and other ingredients that cause food sensitivities. Although efforts are made to avoid cross contact of allergens and other ingredients that may cause food sensitivities, all food and beverage items may contain or come into contact with one or more of these substances. 2,000 calories per day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

goodness 'n greens

VITAMIN-PACKED
OR DAIRY-FREE

SMOOTHIES

açai super-antioxidant™

330/430/550 CAL CONTAINS MILK, SOY

A SUPERFOOD BLEND WITH FLAVORS OF AÇAÍ,
STRAWBERRIES AND BLUEBERRIES

apple 'n greens™

250/320/400 CAL

APPLE INSPIRED BLEND THAT SAYS KALE YEAH!

pb+banana protein

WHEY PROTEIN 42/44/51 G 560/650/830 CAL

SOY PROTEIN 32/35/41 G 460/530/700 CAL

CONTAINS MILK, PEANUT, SOY

PROTEIN PACKED BANANA AND PEANUT BUTTER FLAVORED POWER

greens 'n ginger™

230/290/380 CAL

FLAVORS OF MANGOS, KALE AND LEMONADE
WITH A KICK OF GINGER

strawberry whirl™

200/290/350 CAL

HERE'S THE STRAWBERRY BANANA INSPO YOU'RE LOOKING FOR

orange c-booster™

230/310/400 CAL CONTAINS MILK, SOY

AN ORANGE, PEACH AND BANANA FLAVORED BOOST OF VITAMIN C

protein berry workout™

WHEY PROTEIN 20/22/24 G 300/390/450 CAL

CONTAINS MILK, SOY

SOY PROTEIN 16/19/20 G 300/390/440 CAL

CONTAINS SOY

PUMP UP WITH THE FLAVORS OF VANILLA SOYMILK,
STRAWBERRIES AND BANANAS

mega mango™

190/280/330 CAL

LIVIN' LARGE WITH THE TASTE OF MANGOS AND STRAWBERRIES

peach perfection™

200/310/360 CAL

JUICY, SWEET, PEACHY KEEN FLAVOR



fan favorite
dairy-free

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customizations

BOOST YOUR SMOOTHIE

dairy-free milks

oatmilk
vanilla soymilk
CONTAINS SOY

**unsweetened
almondmilk**
CONTAINS ALMOND

SO BELGIAN
**oatmilk
frozen dessert**
CONTAINS COCONUT

boosts

multivitamins 10 CAL
helps support overall immunity +
excellent source of vitamin C
CONTAINS SOY

3G energy™ 5 CAL
(GREEN TEA, GUARANA, GINSENG)
120 MG of caffeine

whey protein 70 CAL
13 G of protein
CONTAINS MILK, SOY

soy protein 40 CAL
9 G of protein CONTAINS SOY

premium boosts

coconut whip
50 CAL
CONTAINS COCONUT

peanut butter
100 CAL
CONTAINS PEANUT

ginger puree
30 CAL

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